



CIASA MEDALGHES  
LÜCH DE OSTÌ VEDL



HOW TO GET THERE

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MORE ABOUT OUR APARTMENTS

MORE ABOUT THE SURROUNDINGS

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# HOW TO GET THERE

## FROM THE NORTH – BRENNERO PASS

Exit the A22 Brennero motorway at Bressanone/Fortezza, and follow the signs for VAL PUSTERIA/PUSTERTAL, Brunico. Take the SS49 road towards east (direction: Brunico). After approx. 23 km (14.3 miles), you'll come to San Lorenzo. Turn right to Val Badia, and take the SP29 for about 14 km (8.7 miles). Once in Longega keep to the right. The next village you'll reach is Piccolino, then turn right in the direction of San Martino.

Keep on the main road of San Martino and after about 400 m (0,25 miles) turn left towards Longiarù. After approx. 6 km (3.7 miles) you'll reach Longiarù. Before the church keep to your right. You'll pass the Mini Market and Sanvi Hotel, and after about 100 m (0.06 miles) you'll find Ciasa Medalghes at your right. In order to get your keys, you'll find us 150 m (0.93 miles) further in the Pigin house on the same road.

## FROM THE SOUTH – BOLZANO

Exit the A22 Brennero motorway at Bressanone/Fortezza, and follow the signs for VAL PUSTERIA/PUSTERTAL, Brunico. Take the SS49 road towards east (direction: Brunico). After approx. 23 km (14.3 miles), you'll come to San Lorenzo. Turn right to Val Badia, and take the SP29 for about 14 km (8.7 miles). Once in Longega keep to the right. The next village you'll reach is Piccolino, then turn right in the direction of San Martino.

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## FROM THE EAST – DOBBIACO

Follow the SS49 street towards east in the direction of Bressanone. After about ... km of road in the direction of Brunico you reach San Lorenzo. Turn left and drive in the direction of Val Badia for about 14 km until you are in Longega. Then keep to the right.

The next village you'll reach is Piccolino, then turn right in the direction of San Martino.

Keep on the main road of San Martino and after about 400 m (0,25 miles) turn left towards Longiarù. After approx. 6 km (3.7 miles) you'll reach Longiarù.

Before the church keep to your right. You'll pass the Mini Market and Sanvi Hotel, and after about 100 m (0.06 miles) you'll find Ciasa Medalghes at your right.

In order to get your keys, you'll find us 150 m (0.93 miles) further in the Pigin house on the same road.

You can also get to our house by public means of transport. Take the train to Brunico, and then the bus which brings you neary in front of the door!



# MORE ABOUT THE “OSTI VEDL”

The “OSTI VEDL” estate is situated in Longiarù (ladin: Longiarü), at 1398 m above sea level, at the end of a side valley of Badia valley. This place known as ALTA BADIA constitutes a part of the ladin territory in South Tyrol. The “Osti Vedl” (in English: “Old Host”) owes its name to an old farm which unfortunately doesn't exist anymore since generations. Today, the name not only refers to the main house, a superb and noble building from the 16th century, but also to the whole farm. Like most of the farms in South Tyrol, the “Osti Vedl” is a typical mountain farm demanding most of the times a full-time commitment from its owners.



The farm-stead comprises several auxiliary buildings for agricultural use, a fountain, a small annex building which replaced the more old-fashioned part of the house in 1992, the newly reconstructed Ciasa Medalghes with its holiday apartments, a mill situated a little distant from the farm as well as large

meadows with haystacks, rivers and mountain forests. And not to forget the mountain pastures at about 2000 m above sea level situated in the middle of the stunning Puez-Odle natural preserve, such as the Medalghes pasture giving its name to the Ciasa Medalghes.



# CIASA MEDALGHES

The Ciasa Medalghes owes its name to the farm's most beautiful mountain pasture. A German journalist spent a whole year in a remote wood cabin, unfortunately burnt down in the meantime,

writing a book entitled "Medalghes" about his experiences there. (published by Tecklenbourg, 2001; only in German)



## FURNITURE IN THE APARTMENTS

Giovanni and Hildegard Costa have reconstructed the Ciasa Medalghes with utmost love and carefulness trying hereby to transmit the beauty of nature from outside into the house. The whole solid wood furniture was manufactured by a carpenter and its surfaces are not varnished, but completely untreated. Moreover, the surfaces of the wooden floors in the apartments have only been oiled. Thanks to the spacious numerous wardrobes and commodes our guests have enough storage room for their luggage and clothes.

The house was built according to ecologic criteria. The energy demanded for heating and hot water is supplied by a wood chips fuelled heating system as well as solar collectors. Each apartment is connected to a central vacuum cleaning system, which is very allergy friendly.

**Each of the four new holiday apartments is designed for two to four people and has:**

- a separate entrance
- a bathroom with shower, toilet, bidet, hairdryer
- a living room with a large sofa bed (size open: 170x200 cm), comfortable sitting area, chests of drawers, TV
- a kitchenette with fridge freezer, dishwasher, ceramic cooker, coffee machine, electric kettle, complete cooking equipment

- one bedroom with two single beds, a large wardrobe, a desk and a shelf
- a corridor with a spacious cupboard including a safe
- an individual balcony pointing to the south and furniture made of teak
- sufficient towels and linen
- available on request: an additional bed for children, high chairs and washing machine

Furthermore, the house disposes of a storage room for skis, sledges, boots, bikes etc. The garden offers deck chairs, a barbecue grill and parking lots as well as a sandbox for our small guests.

On request the landlords also offer fresh milk, salad and various herbs from their garden as well as their advice and suggestions when planning your holiday activities. Moreover, on request a milk and bread service is available in the morning; the small corner shop provides everything from fresh bread to stamps.



# THE APARTMENTS

(The four apartments are named after the mountains surrounding the region)

## APARTMENT PUEZ

(garden side)

**57 m<sup>2</sup> for 4 (max. 6) people**

1 living room with sofa bed (size open: 170x200 cm), dinette, kitchenette with sink, dish washer, fridge freezer, ceramic cooker

1 bedroom with two beds and a desk

1 bedroom with bunk beds

1 bathroom with shower, washbasin, toilet, bidet, hairdryer, heated towel rail

A large terrace pointing to the south

Sat TV, radio, safe

Linen, towels, dish cloths



## APARTMENT PÜTIA

(ground floor west)

**55 m<sup>2</sup> for 2-4 people**

1 wood-panelled rustic living room with sitting area, a typical South Tyrolean stove surrounded by a stove bench, sofa bed (size open: 170x200 cm)

1 kitchenette with sink, dish washer, fridge freezer, ceramic cooker

1 bedroom with two beds and a desk

1 bathroom with shower, washbasin, toilet, bidet, hairdryer, heated towel rail

A balcony pointing towards the south

Sat TV, radio, safe

Linen, towels, dish cloths

## APARTMENT DOLEDA

(upper floor southwest)

**49 m<sup>2</sup> for 2-4 people**

1 living room with sitting area, sofa bed (size open: 170x200 cm) and kitchenette (dish washer, fridge freezer, ceramic cooker)

1 bedroom with two beds and a desk

1 bathroom with shower, washbasin, toilet, bidet, hairdryer, heated towel rail

A balcony pointing towards the south

Sat TV, radio, safe

Linen, towels, dish cloths.





## APARTMENT PLAIES

(upper floor southeast)

### 47 m<sup>2</sup> for 2-4 people

1 living room with sitting area, sofa bed (size open: 170x200 cm) and kitchenette (dish washer, fridge

freezer, ceramic cooker)

1 bedroom with two beds and a desk

1 bathroom with shower, washbasin, toilet, bidet, hairdryer, heated towel rail

A balcony pointing towards the south

Sat TV, radio, safe

Linen, towels, dish cloths

## APPARTAMENTO SPIZAN

(attic)

### 58 m<sup>2</sup> for 2-4 guests, attics

1 living room with sofa bed (size open: 170x200 cm) and kitchenette (dish washer, fridge

1 bedroom with two beds and a desk

1 bathroom with shower, washbasin, toilet, bidet, hairdryer, heated towel rail

A balcony pointing towards the south

Sat TV, radio, safe

Linen, towels, dish cloths





# SURROUNDINGS

Longiarù – with its beautiful nature and breathtaking mountain scenery – is the ideal starting point for your recreational holidays away from the bustling touristic centres. From here, you can easily explore the Puez-Odle Nature Park, the surrounding Dolomites or all the ladin-speaking part of South Tyrol.

Those who enjoy hiking will be enchanted by the huge range of hiking paths that the Puez-Odle Nature Park offers both in summer as well as in winter.

Longiarù is a traditional mountain village. The old settlements and especially the scattered “viles”,



typical rural hamlets, the fascinating valley of the mills and the millions of beautiful spots of the PuezOdle Nature Park will make your holidays unforgettable.

The mills, which in part are still used by the farmers, are proof of the centuries-old culture and tradition. Thanks to the European Union it was possible to renovate the eight mills along the Seres river. The 1.5 km long path leading towards the mills is a romantic and informative walk into the past. Every Thursday morning from July to Mid-September the mills are being operated.





# THE HAMLETS – “LES VILES”

In Longiarù there are several hamlets that characterize in many ways the traditional settlement of Val Badia: only a few buildings grouped around a small village square with a fountain and a baking oven shared by all the villagers. What led to this traditional form of settlement in the Alpine regions are probably the need for protection, the sense of community as well as the need for an ecological use of resources.



# THE PUEZ-ODLE NATURE PARK

The Puez-Odle Nature Park was extended in 1999 and comprises now an area of about 25,194 acres of beautiful meadows with wooden hay sheds, mountain pines and larches – as well as gentle low hills

below the steep rock massifs of the Dolomites. The nature park is also known for its variety of rocks. In fact, here, geologists can find all the typical rocks, layers and forms of weathering known in the Dolomites.





# ACTIVITIES

Longiarù is located close to the Puez-Odle Nature Park. Although the touristic centres such as the fabulous skiing area “Superski Dolomiti” are only a stone’s throw away, the valley preserved its tranquil and picturesque character and offers a vast array of activities for everyone:



## HIKING, MOUNTAINEERING, CLIMBING

- Nordic Walking, mountain bike, cycling tours (Dolomiti Marathon)
- Horseback riding, sledding (on natural or groomed tracks from the mountain pastures to Longiarù)
- Cross-country skiing (tracks in San Martino, San Vigilio and Passo delle Erbe – or away from groomed tracks through an untouched winter world)
- Alpine skiing (connection with the skiing area Superski Dolomiti from Piccolino - now with a new cable car - at a distance of only 6 km, skiing area Antermoia)
- Snowshoeing, snowboarding, ski touring through pristine winter landscapes
- Playing tennis (in San Vigilio)
- Collecting mushrooms and berries (the forests are full of cranberries, strawberries, blueberries and raspberries)
- Ladin Cultural Institute in San Martino (at a distance of 6 km)
- Ladin Museum in the castle Tor in San Martino

